Meditate Like Jesus: Resurrect Matthew 14:22-23 Pastor Kendrick Weaver St. Mark United Methodist Church April 23, 2023

0:00 Meditate Like Jesus – Review

5:48 Applying This Discipline Will Improve Vision and Perspective

6:25 Allowing You To Become Empty So That You Can Become Full

7:05 Principle 1 - You Cannot Be Filled With The Holy Spirit Without Something Else Being Poured Out of You

10:58 Principle 2 - If You Don't Pour Out, It Will Overflow Out

15:58 Principle 3 - There is a Time For Pouring Out, For Filling Up and For Overflowing Out

24:34 Affirmation: Get Behind Me, Sa-tan